



# Employee Education Department Course Catalog

January 1 - December 31, 2017

(Revised August 8, 2017)

*The American Heart Association strongly promotes knowledge and proficiency in BLS, ACLS, and PALS and has developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the American Heart Association. Any fees charges for such a course, except for a portion of fees needed for AHA course material do not represent income to the Association.*

The WRMC Education Department is proud to serve your educational needs. We constantly strive to ensure excellence at Washington Regional Medical Center through quality education.

Please help us by:

- Completing all pre-course paperwork and prerequisites
- Arriving for classes a few minutes early
- Setting pagers and cell phones to vibrate or silent
- Minimizing interruptions during class time
- Completing a post-course evaluation

**Student Un-enrollment:**

A student wishing to un-enroll from a class within 48 hours of the class date must notify the Education Department at 463-1570.

**Class Cancellation:**

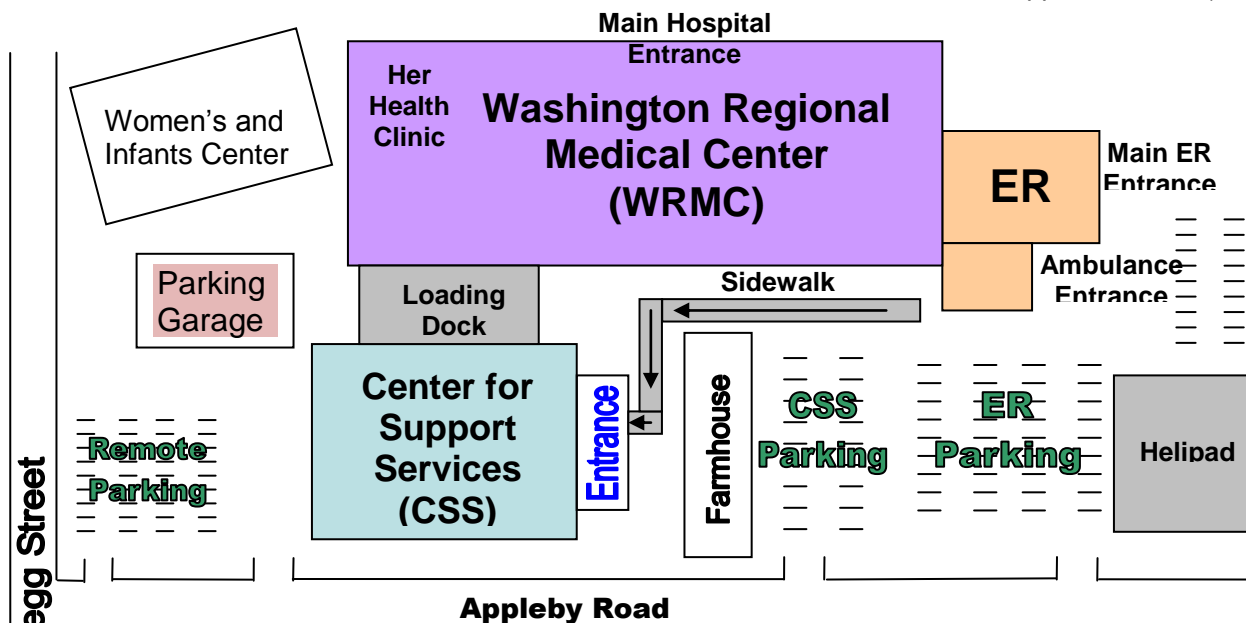
The Education Department reserves the right to cancel a previously scheduled class if the minimum enrollment is not met.

**Inclement Weather Policy:**

In the event of inclement weather, the Education Department will follow the Fayetteville/Springdale School System closings. In other words, if Fayetteville or Springdale public schools are closed due to inclement weather, all Employee Education Department classes will be cancelled and rescheduled.

**Location:**

Unless otherwise noted, all classes are held in the classrooms within the Center for Support Services (CSS) building.



To the west of the ER parking lot is a sidewalk leading toward a white farmhouse. Follow this sidewalk, which curves behind the farmhouse and to the entrance of the CSS building. Enter through the glass double doors and walk down the hallway to the left of the elevators. Human Resources is the first door on the left. The Education Department and classrooms are down the hallway in the open area labeled "Education and Training Center".

Visitors and students must enter through the main CSS entrance only. Do not enter stairwells (badge access only).

## **Basic Life Support for Healthcare Providers (CPR) Online Course**

**Coordinator:** Samantha Bowman

**Cost:** Free for WRMC employees, \$55 for non-WRMC participants

**Target Audience:** This course is for employees who perform hands-on patient care.

**Class Content:** This blended eLearning course consists of three distinct, mandatory parts. Part 1 is a self-directed online course completed through the American Heart Association website. Part 2 is the mandatory skills practice session. Part 3 is the skills testing session. Part 1 is completed online, while Parts 2 and 3 are completed in the classroom with a BLS instructor.

**Class Size:** Limited to 8 participants per skills session

**Registration Information:** WRMC educators and designees may register eligible employees through HealthStream. Non-employees must call 463-1299 to register.

**Textbook:** American Heart Association. (2015) BLS for Healthcare Providers.  
AHA: Dallas, Texas.  
*Students will have access to the textbook online for up to 2 years following course.*

### **Prerequisites:**

Employees must complete the BLS online course (Part 1) American Heart Association website and print the completion certificate. This certificate must be presented to the instructor in order to gain entrance to the skills session.

(Optional) Employees may check out the above textbook from the Employee Education Department and use it to prepare. Employees must return the textbook to their educator within 5 days of completion of the course.

### **2017 BLS Skills Session Schedule**

**Skills sessions are scheduled to begin at 0800, 0900, and 1000 on each of the dates below.**

Any participant arriving even one minute late to their scheduled session will be required to reschedule.

January 4 <sup>th</sup>	April 20 <sup>th</sup>	July 27 <sup>th</sup>	November 6 <sup>th</sup>
January 27 <sup>th</sup>	<u>(Ask about AHA Day!)</u>	August 2 <sup>nd</sup>	November 14 <sup>th</sup>
January 30 <sup>th</sup>	April 27 <sup>th</sup>	August 15 <sup>th</sup>	November 28 <sup>th</sup>
February 9 <sup>th</sup>	May 10 <sup>th</sup>	August 29 <sup>th</sup>	December 6 <sup>th</sup>
February 15 <sup>th</sup>	May 16 <sup>th</sup>	September 6 <sup>th</sup>	December 12 <sup>th</sup>
February 21 <sup>st</sup>	May 31 <sup>th</sup>	September 14 <sup>th</sup>	December 28 <sup>th</sup>
March 1 <sup>st</sup>	June 7 <sup>th</sup>	September 26 <sup>th</sup>	
March 16 <sup>th</sup>	June 14 <sup>th</sup>	October 3 <sup>rd</sup>	
March 28 <sup>th</sup>	June 29 <sup>th</sup>	October 13 <sup>th</sup>	
April 11 <sup>th</sup>	July 7 <sup>th</sup>	October 31 <sup>th</sup>	
	July 12 <sup>th</sup>		

## **Basic Life Support for Healthcare Providers (CPR) Class**

**Coordinator:** Samantha Bowman (463-1299)

**Cost:** \$70 for non-WRMC participants; *WRMC employees enroll for the online course only*

**Target Audience:** This course is for non-WRMC participants, such as nursing students, medical students, nurses, physicians, EMTs, paramedics, pharmacists, dentists, dental hygienists, and other healthcare providers outside the WRMC system.

**Class Content:** This 4-hour course includes CPR sequences for adults, children, and infants, as well as how to respond to a choking emergency. Participants will also learn how to use pocket masks, bag-masks, and Automated External Defibrillators. Successful completion of practical skills demonstrations and a written exam is required.

**Class Size:** Limited to 12 participants

**Registration Information:** Non-employees must call 463-1299 to register for classes.

Class dates can be found at the following website:

<http://www.wregional.com/body.cfm?id=566&action=detail&ref=199>

**Textbook:** American Heart Association. (2015) BLS for Healthcare Providers.  
AHA: Dallas, Texas.

## **Advanced Cardiac Life Support & Basic Life Support Online – Skills Session (ACLS & BLS)**

**Coordinator:** Samantha Bowman

**Cost:** Free for WRMC employees, \$245 for non-WRMC participants.

**CE's:** 10.0 Nursing contact hours are provided by the Arkansas State Board of Nursing.

**Target Audience:** Emergency medical providers such as physicians, nurses, emergency technicians, paramedics, respiratory therapists and other professionals who may respond to a cardiovascular emergency.

**Goals and Objectives:** HeartCode® ACLS is an official, self-directed, comprehensive eLearning program from the American Heart Association (AHA). HeartCode® ACLS Part 1 uses online eSimulation to present realistic patient scenarios. Students are presented with a team dynamics lesson, 10 ACLS hospital-based case scenarios, and an online exam. While interacting with the program, students assess each patient, formulate a treatment plan based on ACLS guidelines, and provide treatment. HeartCode BLS is similar in that the student will be required to complete modules and an online exam. Successful completion of Part 1, the cognitive component, and Parts 2 and 3, skills practice and testing with an AHA ACLS Instructor, meet the requirements for obtaining an AHA ACLS Provider & BLS Provider course completion cards.

**Class Size:** Limited to 4 participants per 1.5 hour skills session

**Registration Information:** WRMC educators, supervisors, and directors may register employees through HealthStream. Non-WRMC employees must contact Samantha Bowman at 479-463-1299 or via e-mail: sbowman1@wregional.com to register.

Participant must present current CPR (BLS) card at the beginning of class.

**Textbook/Materials:** Students have access to online all material included in the HeartCode ACLS Part 1 and Basic Life Support for Healthcare Providers Part 1 program for 24 months (two years) following activation of their keys.

**Optional Textbook:** *2015 ECC Handbook* can be borrowed from the Employee Education Department.

### **2017 ACLS & BLS Skills Session Schedule:**

Each date will hold one-hour skills sessions. Each skills session date is required to be filled to capacity in chronological order by hour.

Any participant arriving even one minute late to their scheduled session will be required to reschedule.

	March 14 <sup>th</sup>	June 16 <sup>th</sup>	September 21 <sup>st</sup>
January 12 <sup>th</sup>	March 30 <sup>th</sup>	June 22 <sup>nd</sup>	October 12 <sup>th</sup>
January 19 <sup>th</sup>	April 20 <sup>th</sup>	July 6 <sup>th</sup>	October 17 <sup>th</sup>
January 24 <sup>th</sup>	<u>(Ask about AHA Day!)</u>	July 20 <sup>th</sup>	October 26 <sup>th</sup>
February 2 <sup>nd</sup>	April 25 <sup>th</sup>	August 8 <sup>th</sup>	November 8 <sup>th</sup>
February 14 <sup>th</sup>	May 11 <sup>th</sup>	August 17 <sup>th</sup>	November 17 <sup>th</sup>
February 22 <sup>nd</sup>	May 18 <sup>th</sup>	September 8 <sup>th</sup>	December 1 <sup>st</sup>
March 9 <sup>th</sup>	May 23 <sup>rd</sup>		December 14 <sup>th</sup>
	June 8 <sup>th</sup>		

## **Pediatric Advanced Life Support Online – Skills Session**

**Coordinator:** Samantha Bowman

**Cost:** Free for WRMC employees, \$245 for non-WRMC participants.

**CE's:** 10.0 Nursing contact hours are provided by the Arkansas State Board of Nursing.

**Target Audience:** Emergency medical providers such as physicians, nurses, emergency technicians, paramedics, respiratory therapists and other professionals who may respond to a pediatric emergency.

**Goals and Objectives:** HeartCode® PALS Part 1 is a web-based, self-directed program that teaches healthcare providers knowledge and skills needed to recognize and prevent cardiopulmonary arrest in infants and children. Using eSimulation technology, students assess and treat patients in virtual healthcare settings where they can apply their knowledge to real-time decision-making and skills development. Debriefings and coaching are provided immediately after each simulation to facilitate learning about pediatric advanced life support.

After completing HeartCode PALS Part 1, students must successfully complete a hands-on skills practice and testing session (parts 2 and 3) with an AHA PALS Instructor. Students will receive an AHA PALS course completion card, valid for two years, upon successful completion of all three parts.

**Class Size:** Limited to 6 participants per two-hour skills session

**Registration Information:** WRMC educators, supervisors, and directors may register employees through HealthStream. Non-WRMC employees must contact Samantha Bowman at 479-463-1299 or via e-mail: sbowman1@wregional.com to register.

Participant must present current CPR (BLS) to at the beginning of class.

**Textbook/Materials:** Students have access to all online material included in the HeartCode PALS Part 1 program for 24 months (two years) following activation of their key.

**Optional Textbook:** *2010 ECC Handbook* can be borrowed from the Employee Education Department.

### **2017 PALS Skills Session Schedule:**

Each date will hold two-hour skills sessions. Each skills session date is required to be filled to capacity in chronological order by hour.

Any participant arriving even one minute late to their scheduled session will be required to reschedule.

January 26<sup>th</sup>

February 8<sup>th</sup>

March 10<sup>th</sup>

April 20<sup>th</sup> - **Ask about AHA Day!**

May 19<sup>th</sup>

June 13<sup>th</sup>

July 25<sup>th</sup>

August 23<sup>rd</sup>

September 22<sup>nd</sup>

October 25<sup>th</sup>

November 15<sup>th</sup>

December 19<sup>th</sup>

## **Trauma Nursing Core Course (TNCC)**

**Coordinator:** Danna Bell RN

**Target Audience:** This course is open to Registered Nurses, Paramedics, EMT's.

WRMC employees for whom this course is required have first priority placement in class. WR employees for whom TNCC is not required may attend if additional space is available. **WRMC employees must have director approval prior to registering.** Educators will enroll employees.

**Cost:** For full-time & part-time WRMC employees, enrollment for each participant is \$50, payable upon registration. WR employees for whom TNCC is required can submit a Reimbursement Form to HR with proof of attendance. For Agency and other staff, \$250, including the cost of books.

**Registration:** see your WRMC educator/manager

**CE's:** 17.65 awarded by Emergency Nurses Association upon successfully completing the program.

**Class Content:** TNCC provides core-level trauma knowledge and psychomotor skills associated with the delivery of professional nursing to the trauma patient.

**Goals and Objectives:** On completion of this course, the learner should be able to:

- Identify the common mechanisms of injury associated with trauma.
- Describe the pathophysiologic changes as a basis for signs and symptoms.
- Based on the assessment data, identify appropriate nursing diagnoses and expected outcomes for the trauma patient.
- Describe the appropriate interventions for patients with trauma.
- Describe mechanisms for evaluating the effectiveness of nursing interventions for patients with trauma.
- Psychomotor Skill Station Objectives:
  - Demonstrate a standardized, systematic, and organized approach to assessment, planning, Intervention, and evaluation.
  - Perform primary and secondary assessments.
  - State patient problem based on assessment data.
  - Identify an appropriate plan of care.
  - Describe appropriate interventions for a plan of care.
  - Identify patients' potential responses to nursing interventions.

**Class Size:** 20

**Textbook:** The Emergency Nurses Association (ENA) 7<sup>th</sup> edition TNCC textbook.

### **2017 TNCC Course Schedule (2-day class)**

February 23-24, 2017 class day 1 will be 0830-1730. Day 2 is 0730-1730

May 1-2, 2017 class day 1 will be 0700-1730. Day 2 is 0730-1700

August 24-25, 2017 class day 1 will be 0830-1730. Day 2 is 0730-1730

October 19-20, 2017 class day 1 will be 0830-1730. Day 2 is 0730-1730

## **ADVANCED BURN LIFE SUPPORT**

**Date:** TBA

**Location:** Washington Regional Medical Center, Center for Support Services Building rooms 1&2

The Advanced Burn Life Support (ABLS) Course is an 8 hour course for Physicians, Nurses, Physician assistants, Nurse Practitioners, Therapists, and Paramedics. This class is designed to provide the “how-to” of emergency care of the burn patient through the first 24 hours. For more information see the ABA website: <http://www.ameriburn.org/ablscoursesdescriptions.php>

**Cost:** Scholarships are available for the first 25 participants. If you would like to apply for a scholarship, please contact Gretta Wilkinson at [wilkinsonge@archildrens.org](mailto:wilkinsonge@archildrens.org)

For more information contact Gretta Wilkinson at [wilkinsonge@archildrens.org](mailto:wilkinsonge@archildrens.org)



## **Advanced Stroke Life Support**

**Date:**

January 23, 2017

March 6, 2017

April 19, 2017

May 17, 2017

September 18, 2017

November 20, 2017

**Location:** Washington Regional Medical Center, Center for Support Services  
Building rooms 1&2

**Provided to WRMC employees.** Please ask your educator/manager/director.

## **Preceptor Development**

**Coordinator:** Brandi Jones, MSN-Ed, RN-BC

**Cost:** Free for WRMC employees. Not offered to non-WRMC participants.

**Target Audience:** RN

### **Goals and Objectives:**

- Understand roles and responsibilities of the:
  - Nurse Preceptor
  - Nursing Director
  - Assistant Director
  - Department Clinical Educator
  - New Nurse Orientee
- Identify and model characteristics of an effective preceptor.
- Demonstrate effective communication, delegation and coaching skills.
- Utilize effective teaching principles to develop learning successful experiences.
- Identify and incorporate principles of adult learning in the orientation process.
- Plan and implement orientee introduction to the department.
- Develop teaching/learning experiences to best meet the needs of the new nurse.
- Demonstrate proper completion of the new nurse's orientation checklist.

**Registration:** WRMC employees, supervisors, and directors may register employees through the HealthStream Administrator Interface or by calling Brandi Jones at 479-463-1345. Director approval is required prior to registration.

### **2017 Preceptor Class Schedule**

This course is an online module. Director approval is required prior to registration.

*Please contact your director or Educator to enroll.*

## **Leadership Development**

**Coordinator:** Brandi Jones, MSN-Ed, RN-BC

**Cost:** Free for WRMC employees. Not offered to non-WRMC participants.

**Target Audience:** RNs

### **Goals and Objectives:**

- Identify the roles and responsibilities of the Leader.
- Discuss the importance of an effective leader.
- Review principles of professional delegation in staff assignments for patient care.  
Discuss the elements of effective professional communication and conflict resolution.
- Review the importance of effective time management in the Leadership role.
- Discuss role transition and the appropriate use of resources for the new Leader.

**Registration:** WRMC employees, supervisors, and directors may register employees through the HealthStream Administrator Interface or by calling Brandi Jones at 479-463-1345. Director approval is required prior to registration.

### **2017 Leadership Class Schedule**

This course is an online module. Director approval is required prior to registration.

*Please contact your director or Educator to enroll.*

## **Pediatric Staff Development Course**

**Coordinator:** Brandi Jones, MSN-Ed, RN-BC

**Cost:** Free for WRMC employees. Not offered to non-WRMC participants.

**Target Audience:** This course is open to all WRMC nurses, with priority given to nurses working directly with the pediatric population.

### **Goals and Objectives:**

The Pediatric Staff Development Course is designed to extend the basic knowledge of care for the pediatric patient. This class includes a set of DVD's that provides explanation and visualization of the assessment and care of an ill or injured child. It also includes lectures and discussions regarding preparing children for procedures, the hospitalized child's perception of nurses, and medication administration. The Program includes individual videos, lecture, handouts, case studies and discussion.

**Materials:** Class materials will be provided the day of the class, there will be a pre-test and post test during class time.

**Class Size:** 10

**Registration:** WRMC educators, supervisors, and directors may register employees through the HealthStream Administrator Interface or by calling Brandi Jones at 463-1345. Director approval is required prior to registration.

### **2017 Pediatric Staff Development Course Schedule**

March 15, 2017	0800-1630
July 7, 2017	0800-1630
November 1, 2017	0800-1630

Dates may change; please check HealthStream or with the coordinator for more information.